

A numerical model to investigate action of LIPUS on bone healing

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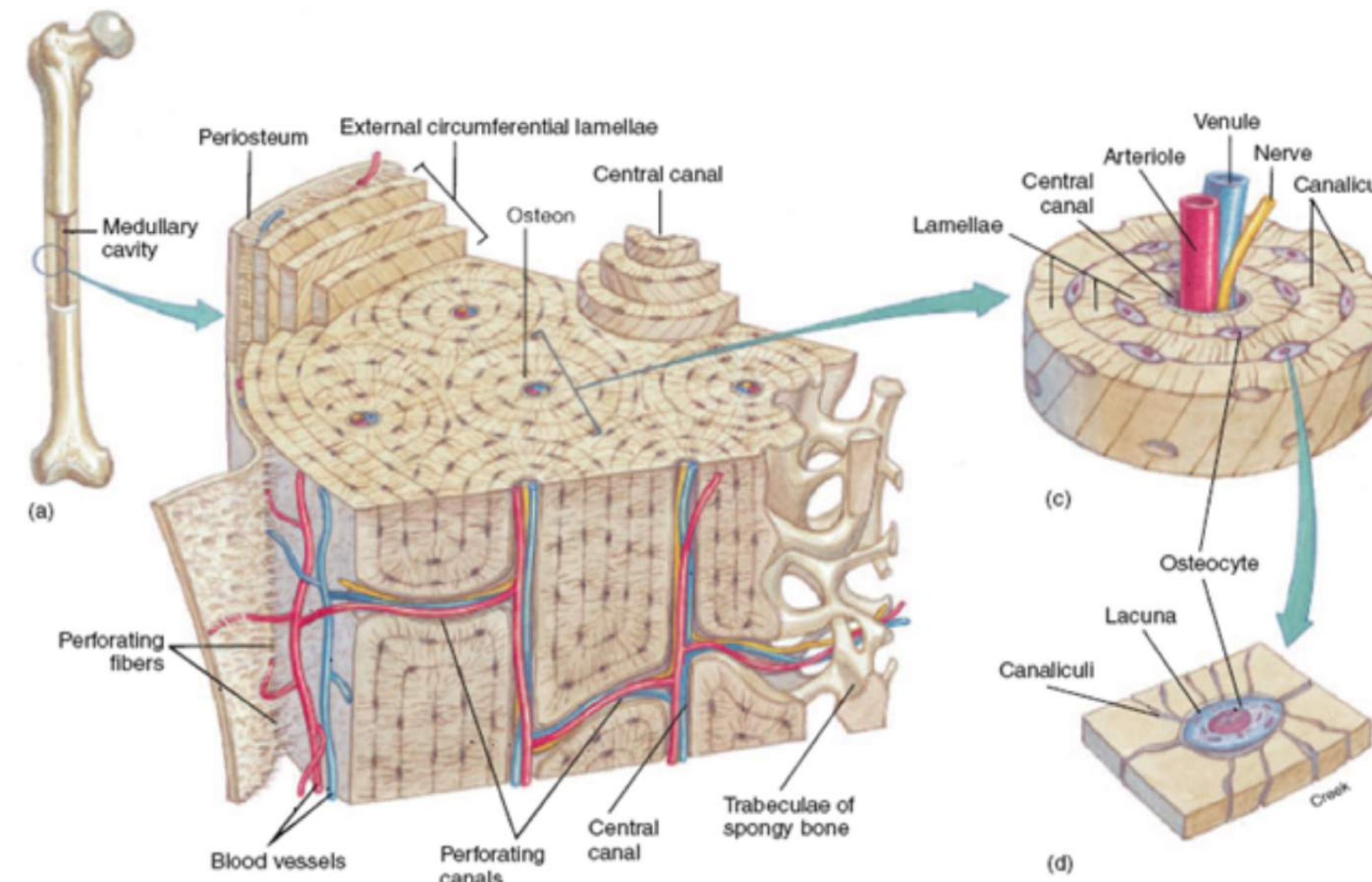
Background

Bone

- Living tissue able to adapt to mechanical environment
=> mechanosensors = osteocytes
- Double porosity = vascular and lacuno-canalicular porosities

Healing with Ultrasound (US) Stimulation

- LIPUS: Low Intensity Pulsed Ultrasound Stimulation
- US stimulation known since 1950's (Corradi & Cozzolino 1953)
- FDA approval for bone healing since 1994
- Mechanical and not thermal effects



**HOW can US heal bone?
Still an open question**

(Padilla et al. 2016)

**Osteocytes immersed in
lacuno-canalicular network**

US Stimulation

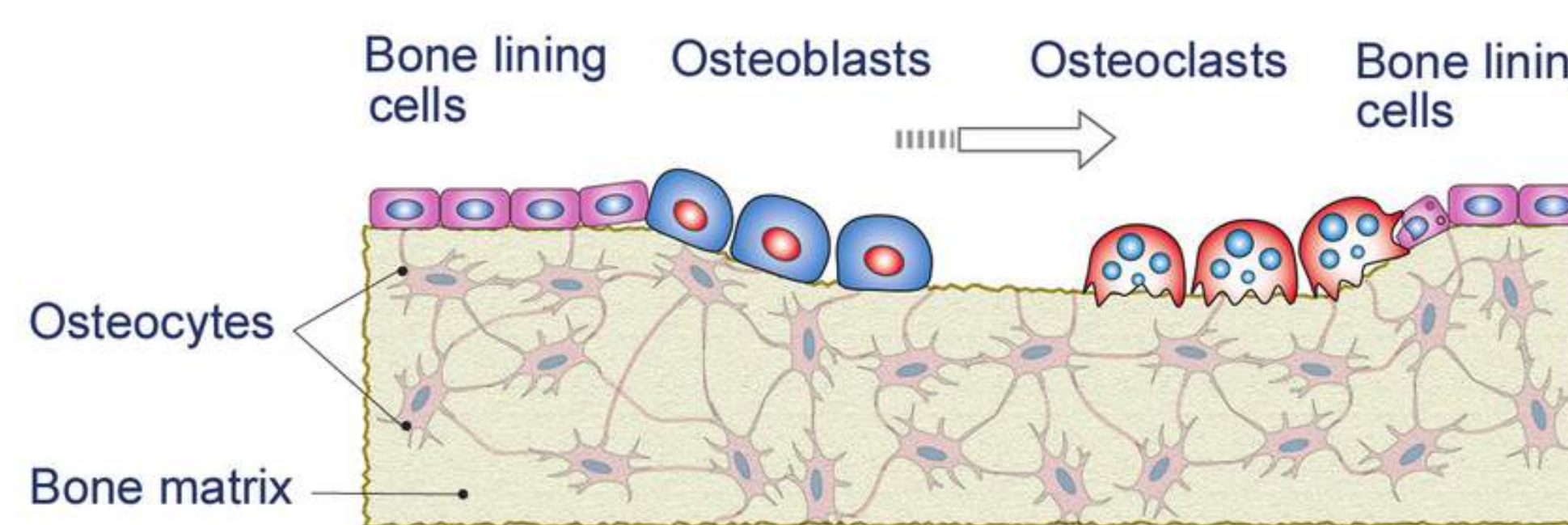


Tissue scale

Mechanotransduction

Cell scale

Bone remodeling



**Multiphysics
numerical model
to understand**

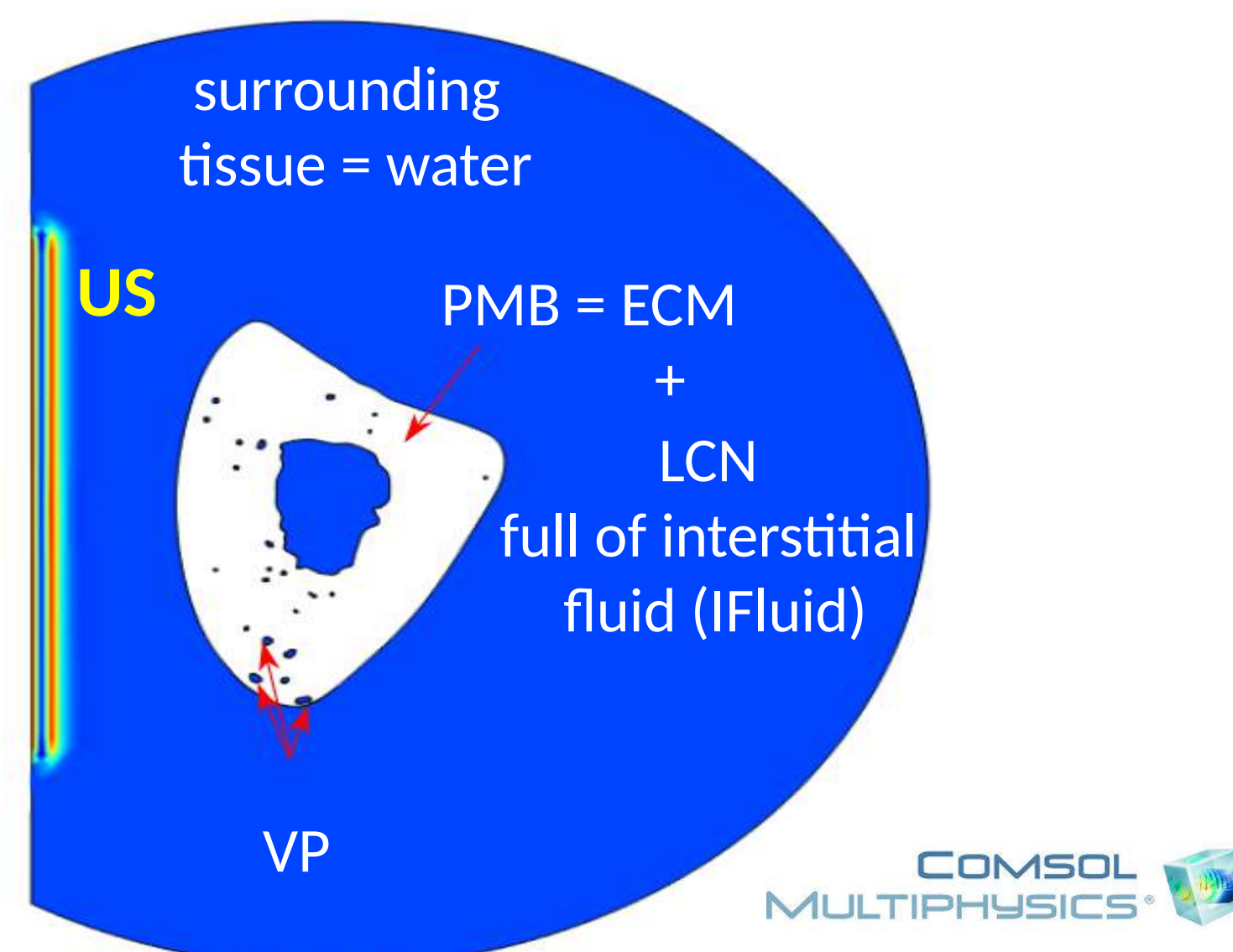
Methods: 2D finite element model

Cortical bone = Biphasic medium:

Fluid in VP
(water)

PBM =
ECM+LCN

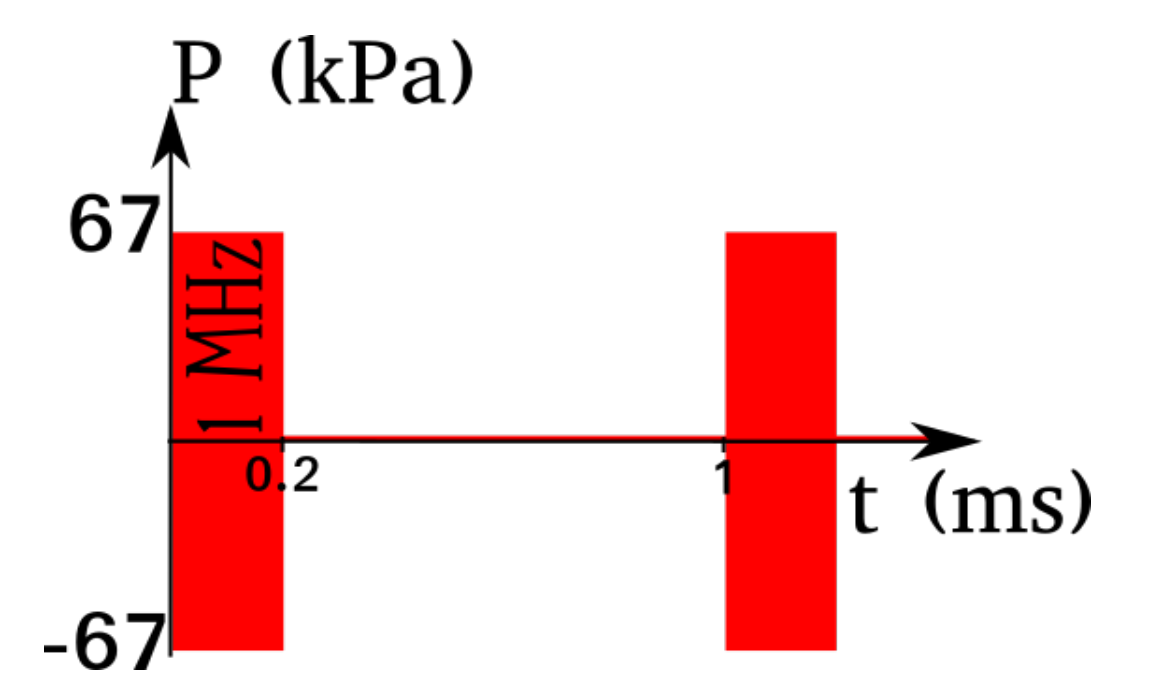
VP: Vascular porosity
PBM: Poroelastic bone matrix
ECM: Extra cellular matrix (ECM)
LCN: Lacuno-canalicular network



Acoustics, fluid and solid mechanics

US stimulation

frequency = 1MHz,
pressure = 67kPa,
duty cycle = 20%,
pulse duration = 1ms
Øtransducer = 20mm

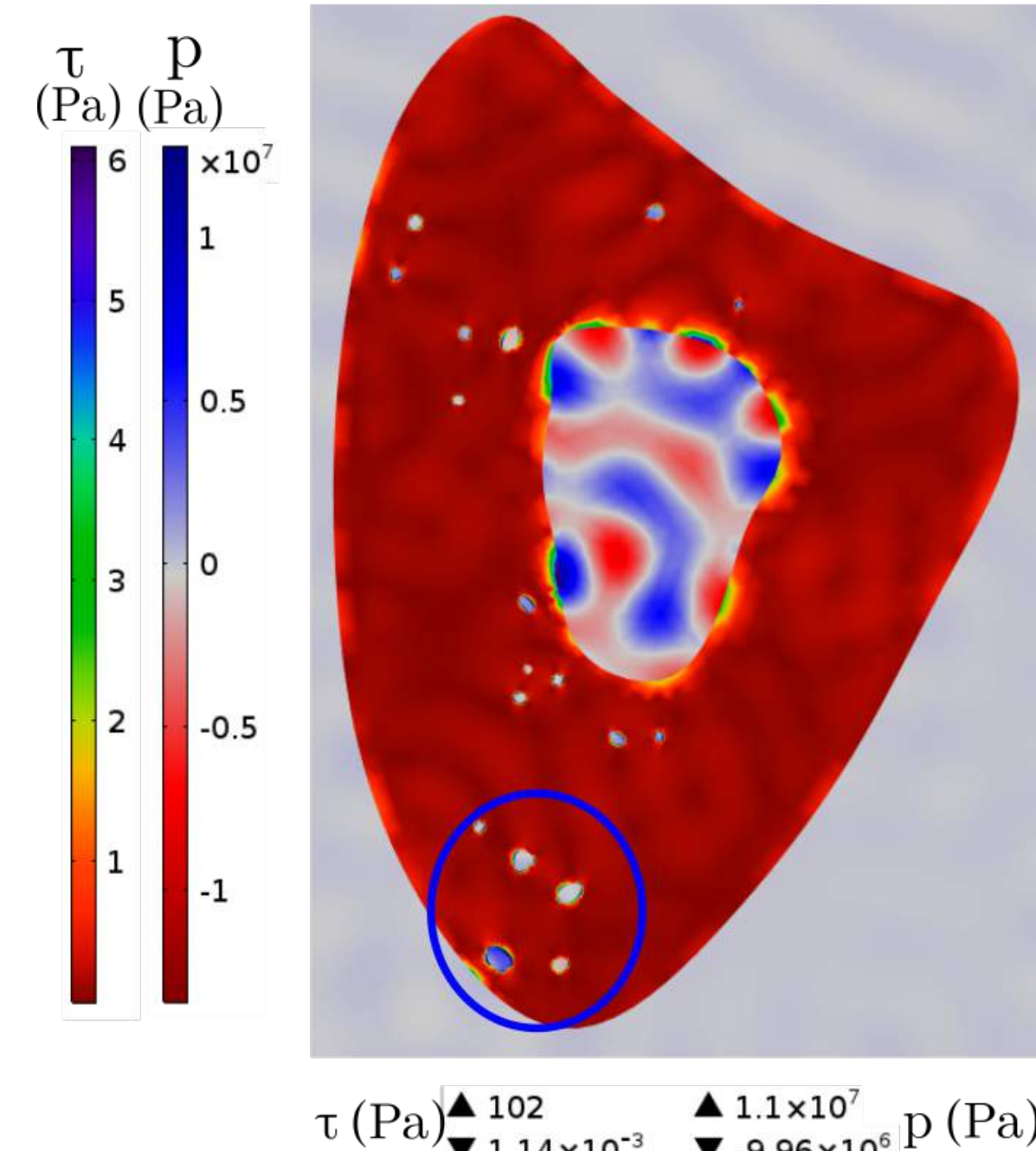
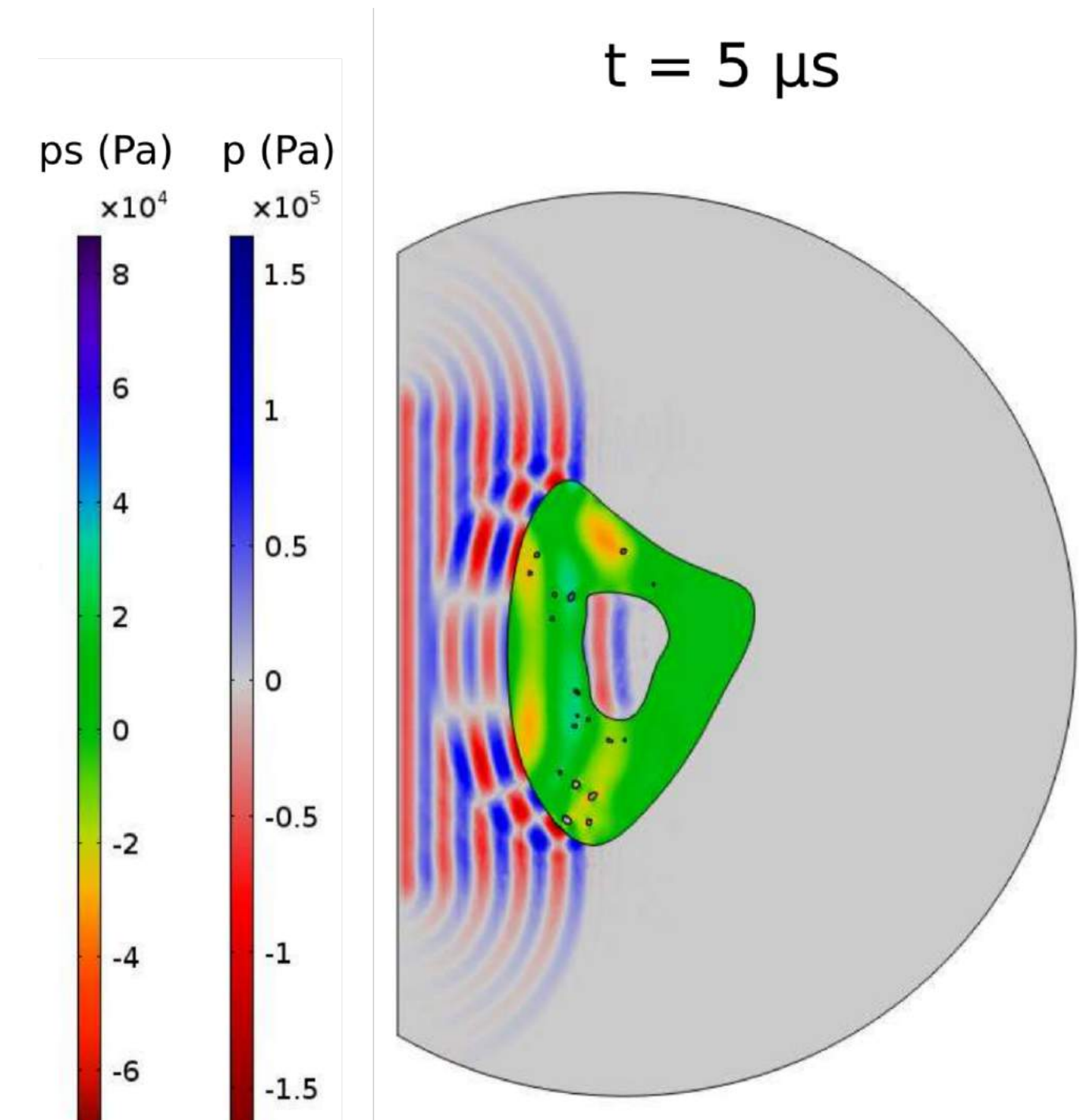


Simulation parameters

Time dependent problem: weak form of wave equation in
poroelastic medium (Nguyen et al. 2010), $\Delta x = \lambda/5$, $\Delta t = 0.1 \mu s$

Results and Discussion

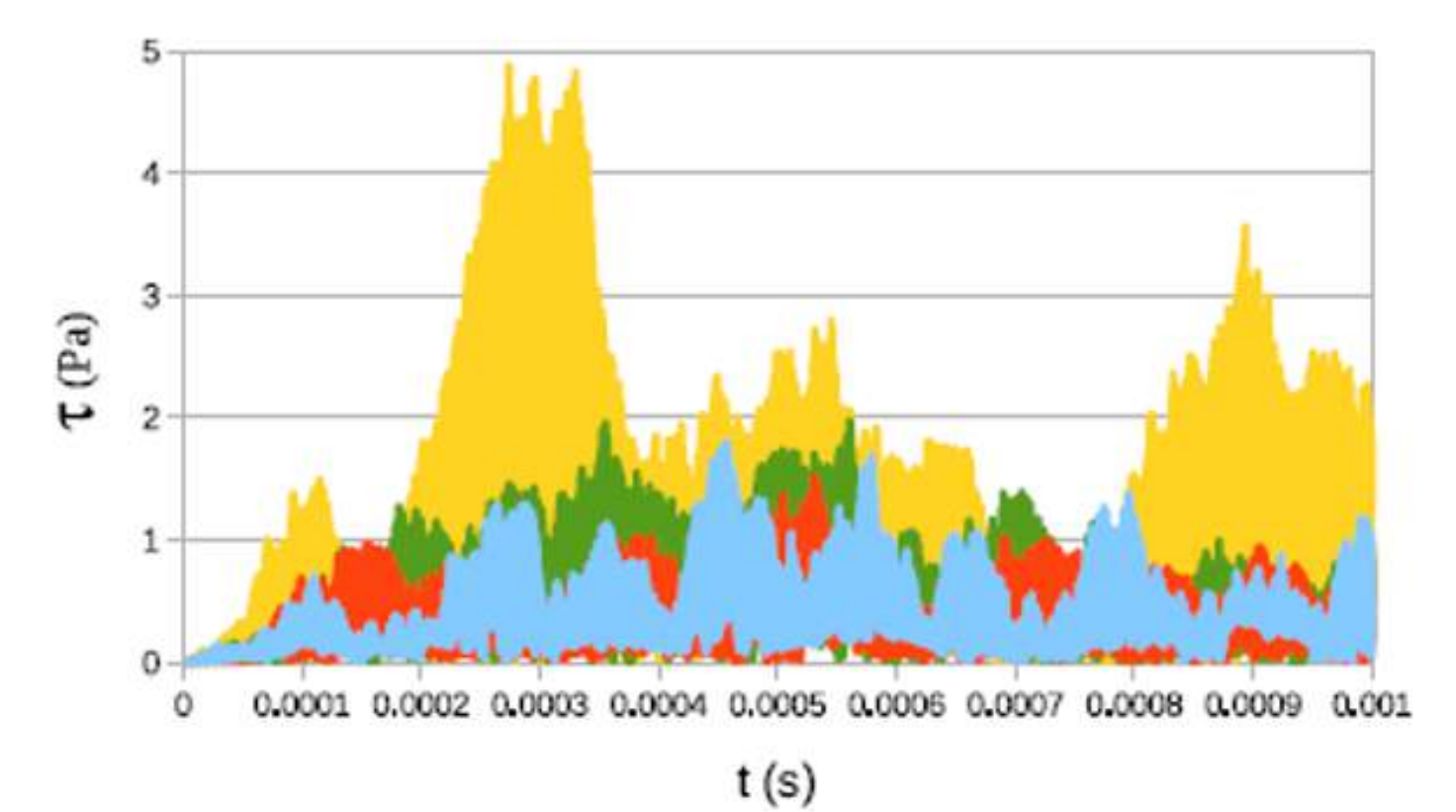
Hypothesis: mechanical stimulus at
cell scale = fluid shear stress τ



$$\tau = \frac{\mu \|\dot{w}\|}{\sqrt{k}}$$

τ : wall shear stress (Pa)
 μ : dynamic IFluid viscosity (Pa.s)
 \dot{w} : IFluid velocity relative to the solid (m/s)
 k : LCN permeability (m^2)

(Goulet et al. 2008)



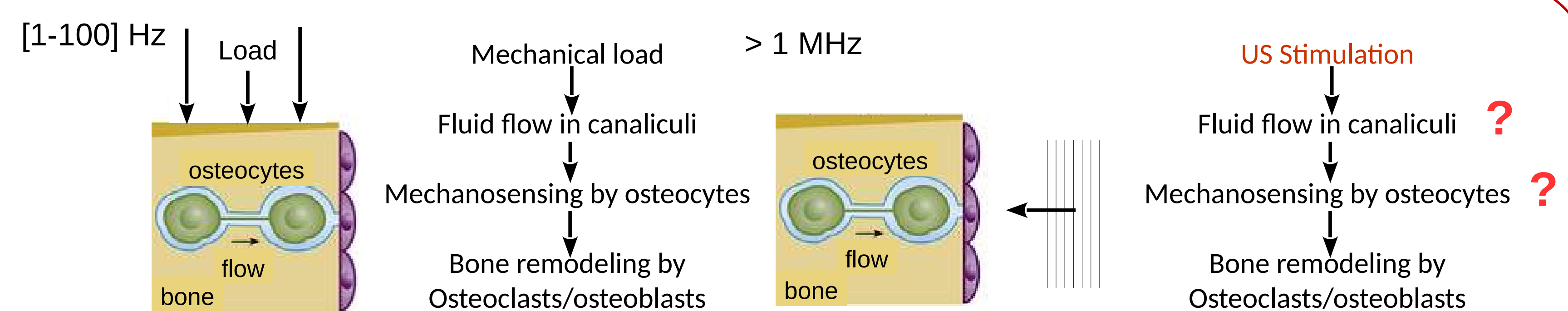
Average IFluid shear stress : [] Pa

Prediction interval for osteocytes response to τ : [0.3 – 8] Pa
BUT for physiological loading

(Weinbaum et al. 1994)

Conclusion and Perspectives

- Appropriate shear threshold ?
→ physiological loading \neq US stimulation
- VP = water or poroelastic medium
- Influence of healing tissues
- Relaxation time LCN (1 ms) vs VP (1 μs)
- Combined phenomena: piezoelectricity, microstreaming, drag forces, strain amplification



References: Corradi et Cozzolino (1953) Archivio di Ortopedia, 66 (1), 77-98

Nguyen et al. (2010) Medical Engineering & Physics, 32, 384-370

Padilla et al. (2016) Therapeutic Ultrasound. Advances in Experimental Medicine and Biology, vol 880. Springer, Cham

Weinbaum et al. (1994) Journal of Biomechanics, 27, 339-360